

Size	Shoe Size		Circumference	
	Men	Women	Ankle	Calf
Small	7 and under	8 and under	7" - 8.25" (18 - 21 cm)	11" - 14" (28 - 35.5 cm)
Medium	7.5 - 10	9 - 11.5	8.375" - 9.625" (21.3 - 24.4 cm)	13.5" - 16" (34.3 - 40.6 cm)
Large	10.5 - 12	12 - 13.5	9.75" - 11" (24.7 - 28 cm)	15.5" - 18" (39.4 - 45.7 cm)
X-Large	12.5 and over	14 and over	11.125" - 12.375" (28.2 - 31.4 cm)	17.5" - 20" (44.5 - 50.8 cm)
2X-Large	12.5 and over	14 and over	12.5" - 13.75" (31.7 - 35 cm)	19.5" - 22" (49.5 - 56 cm)
3X-Large	12.5 and over	14 and over	12.5" - 13.75" (31.7 - 35 cm)	21.5" - 24" (54.6 - 61 cm)
4X-Large	12.5 and over	14 and over	13" - 14.25" (33 - 36.2 cm)	23.5" - 26" (59.7 - 66 cm)